

CNT II - Chasing the Winds - Energetic opening of body, mind and spirit

Become a CNT II Trainee

Prerequisite: 28-hour group training of CNT I techniques with CNT Senior Teacher or CNT I Teacher

Apply in writing for study and training

CNT II Course: Attend a CNT II group course of 28 hours (your first course in CNT II) (28h)

Teachings of CNT II - Chasing the Winds techniques including anatomy taught by a CNT II Senior Teacher or CNT II Teacher,
(Key CNTST2 & T2)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Mantak Chia

CNT II Course Curriculum (total 28h)

Theory: (6h)

- Anatomy
- CNT II techniques
- Chasing the Winds,
- Each wind according to a specific ailment with anatomy par
- Clean intestine with herbs or hydro colonic

Practical: (18h)

- CNT Self-massage
- CNT II Hands on techniques
- Exchanging CNT massage technique with different partners
- Learn to release negative energy, to protect and cleanse yourself.

Basic training: (4h)

- Iron Shirt I
- Microcosmic Orbit
- Elixir Chi Kung

Result: Allows to work as a CNT II Trainee for collecting case studies. Collect within 24-months 70 case studies. 60 Can be done in a sequence of 12 x 5 sessions and 10 can be done in single sessions

Become a CNT II Practitioner

Prerequisite:

- . CNT I Practitioner
- . CNT II Trainee

As a CNT II Trainee, apply in writing for study and training

CNT II course: Attend a CNT II course of 28 hours (second course in CNT II) taught by a CNT II Senior Teacher or CNT II Teacher,
(Key CNTST & T2)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefina Reimig
- Chi Nei Tsang II, Chasing the Winds, by Mantak Chia

Case studies: When trained with local CNT Teacher, send case studies min. 2 weeks before second CNT II training to your CNT Teacher by registered mail or scanned. For attending training with travelling CNT Teacher present on arrival of the course a minimum of 70 case studies in CNT II.

Extra recommended courses:

Attend a Universal Healing Tao course, that includes activating 3 Fires Chi Kung

Microcosmic orbit and Iron Shirt Chi Kung I (extra 24h)

A Universal Healing Tao course & Elixer Chi Kung (extra 16h)

Evaluation: by CNT Senior Teacher or CNT II Teacher, supervised by CNT Senior Teacher.

Result: Certified CNT II Practitioner

Which allows you to work as a CNT II Practitioner on students and clients

Your profile as a CNT II Practitioner is added to the UHT Instructor-Directory. (Key CNTP2)

Become a CNT II Teacher

Prerequisite:

- Universal Healing Tao Instructor with keys BA, IS1, HL
- CNT I Teacher
- CNT II & III Practitioner
- CH I Practitioner
- Work as an active CNT II Practitioner for minimum 2 years

As a CNT II Practitioner apply in writing for study and training

Assisting: Participate as an assistant in a 28-hour CNT II group course Teachings of CNT II techniques including anatomy, as taught by Grandmaster Chia or a CNT Senior Teacher (28h)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefina Reimig
- Chi Nei Tsang II, Chasing the Winds, by Mantak Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Mantak Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia

Case studies: Present on arrival of the course a minimum of 140 case studies in CNT II. If already CNT I Teacher present 70 case studies.

Evaluation: by Grandmaster Chia or 2 CNT Senior Teachers, (Key CNTST2)

Result: Certification as CNT II Teacher

Allows to teach and educate students in CNT II and evaluate students under supervision of Senior Teacher.

UHT System will send out mailing list to advertise for Teacher

If UHT System receives names/email addresses from students of Teacher
Profile of CNT Teacher is added into the UHT Instructors Directory.
(Key CNTT2)

Become a CNT Senior Teacher

Minimum prerequisite:

- Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- CNT I, II & III Teacher
- CH I Teacher
- Work as an active CNT Teacher for minimum 3 years
- Having educated min. 6 Practitioners in level of CNT I, II or III each while you are a certified CNT I, II & III Teacher

As a CNT I, II & III Teacher, apply in writing for study and training
Assisting: Participate as assistant and teach at a CNT I, II & III group course. Teachings of CNT I, II & III techniques including anatomy, as taught by Grandmaster Chia or a CNT Senior Teacher (77h)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefina Reimig
- Chi Nei Tsang II, Chasing the Winds, by Mantak Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Mantak Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia

Evaluation: by Grandmaster Chia

*Note: this is an honorary position only, based on matching, requirements and necessities of the UHTS as a whole.

Result: Certification as CNT Senior Teacher

Allows to teach CNT and evaluate CNT I, II & III Practitioners and Teachers.

UHT System will send out mailing list to advertise for Senior Teacher

If UHT System receives names/email addresses from students of Senior Teacher

Profile of CNT Senior Teacher is added into the UHT Instructors Directory. (Key CNTST)

Research Projects

To complete the CNT Branch Curriculum, it is required to participate in a CNT research project which is submitted to the UHT System.