

CNT I - Internal Organs Chi Massage

Become a CNT I Trainee (student/participant)

Apply in writing for study and training

CNT I Course: Attend a CNT I group course of 28 hours (your first course in CNT I) (28h)

Teachings of CNT I techniques including anatomy taught by a CNT Senior Teacher or CNT Teacher, (Key CNTST & T1)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig

CNT I Course Curriculum (total 28h)

Theory: (6h)

- Anatomy
- CNT I techniques
- Opening Wind Gates,
- Methods for cleansing intestine with herbs or hydro-colonic.

Practical: (18h)

- CNT Self-massage
- CNT I Hands on techniques
- Opening Wind Gates
- Learn to release negative energy, to protect and cleanse yourself

Basic training: (4h)

- Inner Smile
- Six Healing Sounds
- Iron Shirt Chi Kung

Result: Allows to work as a CNT I Trainee for collecting case studies in CNT I. Collect within 24-months 70 case studies of approx.. 1 hour each. 60 Can be done in a sequence of 12 x 5 sessions and 10 can be done in single sessions.

Those who are already working in physical therapies just need to collect 25 case studies

Become a CNT I Practitioner

As a CNT I Trainee, apply in writing for study and training

CNT I course: Attend a CNT I course of 28 hours (second course in CNT I) taught by a CNT I Senior Teacher or CNT I Teacher,
(Key CNTST1& T1)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig

Case studies: When trained with local CNT Teacher, send case studies min. 2 weeks before second CNT training to your CNT Teacher by registered mail or scanned. For attending training with travelling CNT Teacher present on arrival of the course a minimum of 70 case studies in CNT I.

Extra recommended courses:

Attend a Universal Healing Tao Basic course, that includes Six Healing Sounds, Inner Smile and Iron Shirt Chi Kung I (extra 24h)

A Universal Healing Tao course, that includes Microcosmic Orbit, Healing Love. (extra 16h)

Evaluation: by CNT Senior Teacher or CNT I Teacher, supervised by a Senior Teacher.

Result: Certified CNT I Practitioner

Which allows you to work as a CNT I Practitioner on students and clients and use the CNT protected name.

Your profile as a CNT I Practitioner is added to the UHT Instructors Directory. (Key CNTP1)

Become a CNT I Teacher

Prerequisite:

- Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- CNT I, II & III Practitioner
- CH I Practitioner
- Work as an active CNT I Practitioner for minimum 2 years

As a CNT I Practitioner, apply in writing for study and training

Assisting: Participate as assistant in a 28-hour CNT I group course. Teachings of CNT I techniques including anatomy, as taught by Grandmaster Chia or a CNT Senior Teacher (28h)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Mantak Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Mantak Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia

Case studies: Present on arrival of the course a minimum of 140 case studies in CNT I.

Evaluation: by Grandmaster Chia or by recommendation of 2 CNT Senior Teachers, (Key CNTST1)

Result: Certification as CNT I Teacher

Allows to teach and educate students in CNT I, can evaluate students under supervision of Senior Teacher.

UHT System will send out mailing list to advertise for Teacher

If UHT System receives names/email addresses from students of Teacher

Profile of CNT Teacher is added into the UHT Instructors Directory (Key CNTT1)

Become a CNT Senior Teacher

Minimum prerequisite:

- Certified Universal Healing Tao Instructor with keys BA, IS1, HL
- CNT I, II & III Teacher
- CH I Teacher
- Work as an active CNT Teacher for minimum 3 years
- Having educated min. 6 Practitioners in level of CNT I, II or III while you are a certified CNT I, II & III Teacher
- Showed outstanding relation and cooperation ship with UHTS

As a CNT I, II & III Teacher, apply in writing for study and training

Assisting: Participate as assistant and teach at a CNT I, II & III group course. Teachings of CNT I, II & III techniques including anatomy, as taught by Grandmaster Chia or a CNT Senior Teacher. (77h)

Study textbooks:

- Chi Nei Tsang I, by Mantak Chia
- Origins of Chi Nei Tsang Energetic Opening of Body, Mind and Spirit by Mantak Chia & Josefine Reimig
- Chi Nei Tsang II, Chasing the Winds, by Mantak Chia
- Chi Nei Tsang III, Healing Harmony - Internal Muscle, Tendon, Meridian Massage, by Mantak Chia
- Cosmic Healing I, Cosmic Chi Kung by Mantak Chia

Evaluation: by Grandmaster Chia.

*Note: this is an honorary position only, based on matching, requirements and necessities of the UHTS as a whole.

Result: Certification as CNT Senior Teacher

Allows to teach CNT and evaluate CNT I, II & III Practitioners and Teachers.

UHT System will send out mailing list to advertise for Senior Teacher

If UHT System receives names/email addresses from students of Senior Teacher

Profile of CNT Senior Teacher is added into the UHT Instructors-
Directory. (Key CNTST)

Research Projects

To complete the CNT Branch Curriculum, it is required to participate in a CNT research project which is submitted to the UHT System.